

MATT DOHERTY

Coach | Speaker | Author

“FROM PAIN TO PASSION – Developing and sharing a unique perspective of success in life and leadership!”



POPULAR TALKS:

Overcoming Adversity: How To Rebound

What can you do in those deepest and darkest moments of adversity? Coach Doherty shares his experiences in overcoming adversity throughout his life. Every American loves a great comeback story, to see the hero undergoing a trial by fire and come back from it, against all odds – the inspiring come-from-behind-victory. In this talk, Coach Doherty explores the three paths available when faced with adversity and introduces a five-step framework for building a resilient team, everything from pre-planning to training for special situations.

A tip from the Coach, “If you want to be a part of the starting lineup you need a winners mindset, step up, and Rebound.”

Leadership Strategies: Leadership is a Learned Behavior

Coach Doherty was sitting in an emotional intelligence class at Wharton when he first read that - “leadership is a learned behavior.” He shares, “This was the most exciting thing I ever read in my life.” Imagine the possibilities after a lifetime of hearing, “Leaders are born, not made,” a prevalent belief in American society. Can leadership skills be learned? Coach Doherty answers with a resounding “YES!” Coach Doherty will share the six principles (or knows) of leadership - STEVIT.



MEET COACH DOHERTY

Matt Doherty is a nationally recognized motivational speaker, best-selling author, and media personality. He guides corporations, C-suite managers, sales executives, and business and sports coaches to develop their leadership skills and team dynamics.

Since being a part of the 1982 National Championship team with Michael Jordan at UNC. His journey has included Head Coach at Notre Dame and the UNC Tar Heels, 2001 ACC Regular Season Championship, AP National Coach of the Year in 2001, Head Coach at FAU and SMU, in addition to working with ESPN, the Indiana Pacers, and the Atlantic 10 Conference.

Coach Doherty is committed to sharing universal teachings and actionable ideas that will work for anyone. The rest is up to you.

Check out my podcast!



THE REBOUND PODCAST

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COACHING

